Lying to Children.

I was sitting on the door-steps, one warm Sabbath evening last spring, idly watching the passers by, and speculating regarding their different charge ters, when my attention became suddenly fixed upon three individuals—two women and a boy. As they came near I heard one woman say to the other, "I fear it will be chilly when we return. I do wish I had brought my shawl." "You will need had trought my snaw?. You will need it," replied the other, "and I thought you had it; but don't mind, Charley will run back and get it." "No, ms, I don't want to," said the little boy. "Yes, you do," said his mother. "Now, so right alorg, like a good boy. You will find it lying on my bed in the bed-room." "But you won't wait for me," persis'ed the boy, "and I don't want to go." "Yes, we will," his mother answered, "we won't stir one from where we stand."

Well, I'll go, then." he replied, and off he started on a run. Presently he stopped and looked behind, calling at the top of his voice, "You'li be sure to walt for me?" "Yes, yes, of course we will," the other answered back. "Now, hurry, just "You'li be sure to wait for as fast as you can." I was watching the graceful motion of the boy, almost un-mindful of the near proximity to the two women, when I heard the mother say to her companion. "Now, when Charley turns the corner so that he can't see us, we will walk on. I only told him we would wait to make him willing to go."
And they did walk on, and soon the

Still I sat outside, curious to see what Dante at 40, Thompson at 48, Dante at 50, and Tasso at 52, etc. Charley would do when he returned. Ten, fifteen minutes passed, and then I heard the patter of his feet slong the walk. (It had grown so dark that I could hardly distinguish him.) "O, mamma," he called out, when he came to where he had left them; "you promised to wait for me, and you didn't. You lied to me, and I'll never believe you again as long as I live."

Then he ran on a little farther, and again

stopped, and called out: "You lied to me, mamma, you did!" Si k at heart, I went inside. I had seen and heard enough for one evening. Methinks, could the mother only realize the awful import of her boy's words, "You lied to me, and I will never believe you again," that she would rather have died than to have deceived him.

A child will hearn the lesson of distrust very easily, and when once learned, how nearly impossible to be unlearned. To the mother great responsibilities are given. She may mold the character of he dren almost as she chooses, and if she fails in her duty she lays up for both herself and them untold misery. If she lies to her children she cannot blame them for lying to her.

It were kinder, I could almost say, in

any mother, to thrust a dagger into the heart of her child, than to sow the seeds of distrust there. Mothers, pause and think, before you de-

ceive, even in the mercst trifle, the little

child God has given to your keeping. An Anecdote of Everett.

In his speech at the Amherst semi cen tennial commencement, Professor Park said: "I have recalled this afternoon a scene which occurred thirty-six years ago, on the day preceding commencement. Edward Everett then delivered the oration. In the midst of the oration he ut tered one sentence which called forth bursts of applause. I will read that sen-tence: Before the admiring student of nature has realized all the wonders of the world, let him sit down and know the universe in which he lives, by examining the races of animals disporting themselves in their representative ocean -a drop of wa-

all Amherst College would not cease to clap their hands and stamp their feet, and yet you seem to be unmoved by the recital.

Now the question comes what is the content of the man who knows everything; but he is a vastly more entertaining and companionable fellow; he is cound to be clever and agreeable, and, above all things are marked.

artlessness of Edward Everett.
"While he was on the point of speaking the words, a 'drop of water,' he turned carelessly and saw a glass of water on the table. He put his finger in the glass, and a drop of water was suspended there from. I have it on the best authority, that

PHYSICLOGISTS from the days of Galen have established rules and regulations for the preservation of life, which are all in-cluded in the mutual laws. Upon a strict observance of these laws and upon such natural conditions as the parentage, con-stitution and form of the individual, longevity depends. Hereditary longevity is regarded by Dr. Noirot as the most im-portant prognostication. Rush said he never knew an octogenarism who could not quote similar instances in his family.

Regarding the parentage, Bacon makes the curious statement that "those that resemble the mother most are longest lived." The same author describes the most favorable organization of old age, "as one with a head small in proportion to the body, moderate neck, wide nostrils, large mouth, ears gristly, teeth sound, a raw-boned body, broad chest, large hand, short foot, eyes large, and facility for holding the breath." Medical authorities, as a rule, rely more on the general physique than on minor details. The celebrated Hufeland favors one of the middle size, with a complete harmony of all his parts, senses not too delica'e, pulse slow and regular. Lavater lays more stress upon the countenance. He says "every man destined to reach an advanced p riod of life, has a muscular forehead furnished with a collection and the recommendation of the results and their stress of the says "every man destined to reach an advanced p riod of life, has a muscular forehead furnished with a collection and their stress of the says "every man destined to reach an advanced p riod of life, has a muscular forehead furnished with a collection of letters." with a soft skin, and the nose somewhat curved." With respect to the sex, there has been much discussion but it. has been much discussion; but it is certain that women attain as great age as old old friend of twenty years' standing. men, notwithstanding their inferiority of form and sedentary habits. Tisseh explains this want of exercise as being com-

prolongation of life. The moist unfavor-able localities are those where extremes f temperature prevail. In Iceland and Siberia, both with extremely cold cli-mater, seventy is the standard of extreme age, while in China, with its enormous population, centenarians are so rare, that when the Em; eror in 1784 assembled the oldest inhabitants of the Empire to the number of 3,000, there were only four whose sges exceeded a century. Moun-tainous regions, on account of the purity Switzerland and Wales are remarkable in this respect. Ancient Greece and Italy were celebrated for their salubrious climates, which partially explains the many instances of extreme age among their dis inguished men of antiquity. Thales, Deno, and Xenocrates exceeded ninety; and Plato, Pindar, Solon, Xenophan and Pythagoras lived beyond eighty years. Cities have been aptly termed "the graves of the human species," on account of the mortality resulting from disease engendered by the impurities of the atmos

Many of the cases of remarkable longevity are very coubtful. Numas de Cugna is said to have died in 1566, at the age of 350; but the following are some of the most authenticated instances:

Peter Lortan, of Hungary, aged 185; Louisa Truxo, a negress, of South America, 176; John Rovin, of Hungary, 172; Sarah, his wife, 164; Henry Jenkins, of England, 169; Mrs. Judith Scott, of Engand, 162; Thomas Parr, of England 152; Ivan de Outryei, of France, 146; the Countess of Desmond, of Ireland, 140; Alexander M Cullock, of Scotland, 132; Peter Garden, Scotland, 131. cases in this country alone. - Once a Week.

Very little information regarding the means of preserving life can be obtained from an examination of the habits of these aged persons.

"What is one man's poison, Signor, Is another's meat or drink was milk and cakes, with brandy. Jen-kins appears to have subsisted on salted eef and sour, leavened bread. De Outrvei ived on corn meal; Parr drank ale and sherry, and many centenarians have been addicted to the use of liquor and tobseco. In this connection is the frequent and regular periods of rest which are ince-Whatever may be the effect of diet upon ongevity, it is certain that the occupation or profession exerts great influence, Farmers are generally the most favored, having the advantage of pure air, plenty of exercise, wholesome diet, and freedom from excitement. Clergymen are long-lived, for they lead regular lives. The celebrated Wesley attained the age of eightyeight, having preached sixty-six years. Tailors, shoemakers, printers and watch-makers die young from the confinement of their pursuits. Masons, plumbers, and painters are usually unhealthy, while carpenters and bookbinders are more fortunate; stablemen and dyers live long. One would not suppose that those connected with the stage would survive long, and yet there are many instances of very old ac-tors. Garrick lived till he was 63; Kemble, 66: Mrs. Siidons, 76; Colley Cibber, 86; and Forrest is upwards of 70. Poets, as a class, have died very early; but it is ques-tionable whether this is one to the immodthickening shadows hid them from my Byron died at 36, Burns at 38, Goldsmith

The pursuit of the arts and sciences seem to favor health; many of the most illustrious artists attained great ages. Titian lived to be ninety-six; Michael Angelo, eighty-nine; Claude Lorraine, seventy eight. Physicians, although exposed to constant risks from disease, usually reach old age, but not extreme age. Law yers are short-lived. In short, all profes sions requiring much study have a ten dency to shorten life, and eighty consti-

Littleton, and a new-born infant could not survive twenty-four hours if kept awake. Shakspeare appropriately calls sleep, "nature's soft nurse." The married state is more favorable than the single. Buffon declares that "marriage is the proper state of man," and physiologists affirm that nearly all the remarkable cases of lon-gevity were married persons. Old Parr tried wedlock again at the advanced age

of one hundred and twenty.

Philosophers have represented old age as uneviable on account of the physical decay accompanying it, yet there is often no diminution of the strength and vigor of the intellect at the most advanced period of life. Necker says "that the era of three score and ten is an agre able age for writing." At eighty, Plato com-menced Greek, and Plutarch La in when nearly the same age. Arnauld, when that old, translated "Josephus." Theosphrartus, when ninety, began his work on the "Character of Man," and the famous Izzak Walton, at the same age, published some poems. Bir Christopher Wren continued his astronomical and philosophical labors beyond ninety. Fontenelle, the centensrisn, engaged in literature until his de-

cease. The Man Who Knows Everybody.

Every one, we presume, knows a man who knows everybody. By affinity, if not by blood, he is own brother to the man Now the question comes, what is the reason? The reason is found in the studied many people argues the possession of several excellent qualities, such as tact, amiability, unselfishness, magnetism. A man may have these, to be sure, and yet not know everybody. To do that he must have a sort of genius, a genius for socia-bility. This is not perhaps a lofty git,

The Records of Longevity—Curious born of books; people and not things are his specialty. He is generally a person of middle age, for his knowledge is of a kind which is gained only by time and experi-ence; he has traveled much; indeed, he is traveling perpetually. The Wandering Jew of the legend is not a more uneasy spirit. You will find him—we are speaking of the American type—at Baden-Baden in the height of the season and after the season is over; he is smoking a chi boque in Constantinople; he is stopping temporarily at the best hotel in London; he is at every well known watering place. he is at every well known watering-place in the world; he is on all the trains and root quote similar instances in his lamily.

From a statistical report of the hospitals and work-houses of London, out of 597 octogenarians, 303 were descended from of the way road. If chance takes you to of the way road. If chance takes you to an unheard of, one-horse hotel in the lone-liest part of New England or in the Southern States, you will find the man who knows everybody sitting on the porch waiting for you as if by appointment. He is the first person that salutes you on your arrival at Yokohama. If you were cast, like Robiuson Crusoe, on an uninhabited island, you would discover his footprints on the beach before you had time to dine upop the toothsome varieties of mollusks which always throw themselves providen-tially and with remarkable precision at the feet of shipwrecked mariners. As a general thing he is a pleasant person to meet. His varied knowledge of all

sphere he becomes in a few minutes an light, a certain sort of mystery invariably attaches itself to him. It is not clear how dependent upon the external conditions of life, especially the character of location or habitation, and a c untry geographically situated so as to combine regularity of the seasons with a uniform, mild and moist climate is the most corducive to the prolongation of life. The moist unfavor not get out of his own set. Like the society of a small town, the society of the great world is divided into cliques, innu-

Lawyers and the Sabbath.

In his lecture on the Study and Practice of Law, Professor Emory Washburn gives self, in no other book can he find so many his livelihood. Another thing to be reand regular periods of rest which are inco-ulated in the book to which I have just referred. I do not believe that a lawyer can work, with the life and vigor which justice to himself demands, more than six out of seven days, for any considerable length of time, without endan-gering if not actually impairing his capacity to work. There are sad spectacles in every business around us, of fine intellects paralyzed or prostrated by over-taxation of the brain, enough to warn a young man as to the manner in which he should treat that delicate and sensitive organ. The bow kept always bent at last loses its power of tension; and the mind like the body, by a continuous strain, ex-hausts the quick and vital energy which vigorous health gives to the system. Such being the law under which we are created, it is worse than folly to disregard it. The young must have his hours of sleep and his hours of relaxation, or he will pay for cheating bimself of these by the forced rest from labor which nature will impose upon him when he can least afford it. Whatever, therefore, may be the speculative notions of a lawyer as to the higher obligation to observe the Christain Sabbath, there is enough in the need of such a relaxation from his labors, and a decent respect to the opinions of others to suggest the wisdom of substituting something else than law as a mental occupation for at least one day in the week."

A Cheap Ice House.

In reply to a query as to "what would be the cheapest mode of constructing an ice house suitable for an ordinary sized family, and about how much ice it would require," the Western Rural says:

It is well understood that ice keeps better in large bodies, yet the majority of inquiries of this character contemplate cheap houses in which to preserve ice for family use. This luxury need not be de-nied any, where the winters are cold the family, if properly constructed. A few dollars expended at the ou set for lum years; and but little labor in winter-when there is comparative leisure-will replenish the stock of ice. Persons accustomed to an ample supply during the heat of summer would rather deny themselves nfluence of this refreshing commodity. When ice cannot be had, snow is sometimes used by being packed, and water poured on and allowed to freeze. For a cheap house we give the follow-ing plan. Wm. Kedge says, in the Western Rural of S. ptember 12th, 1868: "I drew one large load of sawdust and spread on the ground on the north side of my horsebarn; then drew the ice (sawed in square cakes) and built up a square pile, some eight by ten feet, and seven or eight feet high. I then set up scantling, and built a board house around it, two feet longer each way than the ice, then filled in sawpienic parties, given away to sick neigh-

Here is a plan for a more permanent house: Make a frame ten feet square, of studding two by ten inches, and eight feet high. Board up on each side, and fill in with sawdust. Shingle the roof, with ventilator on top; put three or four inches of sawdust on the ground, and twice as much on top, when the ice is put in. Bank up around with dirt, which not only forms a drain, but cuts off all chance of a draft of air from below. If sawdust cannot be had, chaff or fine straw will answer the

oors, and have plenty of ice vet."

purpose. and we should say not a rare one, but New Hampshire, wishing to consuit Jef-under most circumstances it is a pleasant fersons "Notes on Virginia." The Librar-

USEFUL AND SUGGESTIVE.

The ivory keys to a piano which have become yellow may be made white again by washing them with a sponge with diluted sulphurous acid, or a solution of opium in allaying nervous irritation, will soda, and evpose to the sun.

REMEDY FOR EAR ACHE.—Generally, heat is the best remedy. Apply a warm pouttice or warm oil to the ear. Rub the back of the ear with warm laudanum. In case of fetid discharge, carefully syringe the ear with warm milk and water. In all cases keep the ear thoroughly alexander of chloral will be understood when it is known that it acts as

formed and sustained by ourselves, by our public opinion."

DRILLING WHEAT.-In drilling in fall wheat some advantage may be gained by the direction in which the drills are run. The prevailing winds in winter are from a northerly direction. If the drills are arranged to run similarly, when the ground is frozen and the wirds are violent much earth is blown from about the roots, and they become sometimes dangerously ex-posed. If the drills run in an easterly direction the winds will blow scross them, and all loose earth, dust and floating matters, and, most important of all, the snow, will be drifted against the rows of wheat plants on the side where they need protec tion. The roots will thus gain covering which is useful not only during the cold weather, but also during the growing season.-Hearth and Home.

merable circles revolving around each writer in the Scientific American: "The leading blacksmiths, agree that the frog other, but seldom or never touching. Now Indians of North America do this by cutthe man that knows everybody does not appear to be under the same limitations or language and soft appear to be under the same limitations of the to swing round many circles, counting his acquaintsness in every grade of life, from the humblest to the highest. Our friend is not to be confounded for an instant with the social bore who threats himself in the blanket, and he will be astonished spongy part of the frog is to the foot what everywhere, and is only tolerated. The when he beholds with what a brilliancy man who knows everybody is welcome. everything in the fluid world is lighted And, indeed, he deserves to be cheri-hed. up. I once had occasion to examine the He is proof that human na ure is better bottom of a mill-pond, for which I conthan we think it is. He either sees it with clearer eyes than other men, or else he brings to the study a heart full of Christian charity. He knows everybody and is not disgusted.—Roery Saturday.

better than we think it is. He either sees it with structed a float out of inch plank, sufficient to buoy me up; through the center of this float I cut a hole, and placed a blanket over it, when I was enabled to clearly discover objects on the bottom, and several your finger nail, and see if it will not after the fact without red-hot iron, employed the fact that is interesting that is the fact without red-hot iron, employed the fact that is interesting that is the fact without red-hot iron, employed the fact without red-hot iron, employed the fact that is interesting that is the fact without red-hot iron, employed the fact that is interesting that it is interes lost tools were discovered and picked up. I am satisfied that, where water is sufficiently clear, this latter plan could be suc-

cessfully used for lost bodies and articles." Look most to your spending. No matthe following advice in regard to the Bible and the observance of the Sabbath: will always be poor. The art is not in "Where so many regard the Bible as a dimaking money, but in keeping it; little "Where so many regard the Bible as a divine revelation, it is worse than folly for one who has any desire to share the respect of others for his prudence, or sense of propriety, to indulge in sneering criticisms upon the same of the cottage; and drop by ety, to induce in sneering criticisms upon its authenticity, or the truths it reveals. And I hesitate not in going further to say that, if he wishes to cultivate a familiarity with the best and most effective form of the English language, or to store his mind with the most sublime conceptions and noble thoughts, such as have never been within compass. Never stretch your legs -Beaumont and Fletcher. laws of human nature, and the motives of chimneys than to keep one going. If you the breath of life.

It is related that old Lortan's only food the human heart. And as for the law it-give all to back and beard, there is nothing left for the saving bank. Fare hard living being, Breathing it over two or

of us know the real temperature of cur own bodies? All the thermometers are hale grees. But the temperature of the axilla, or arm-pit, which is the part of the body whose heat is most frequently and conand six-tenths degrees. This is the usual healthy temperature of the body; little whatever be the heat or cold of the sur-rounding air. It is well known that we retain an inward warmth while exposed so keeps us cool when exposed to a degree of heat far higher than that of the blood-as in the case of the experimen- were found alive, and of these only a few ters who entered an oven heated above the boiling-point of water. And this power to retain an even temperature is one of the strongest proofs of a sound constitution in the individual. Any range of measure. If the horse-stalls are below the axillary temperature below ninety-seven degrees or above ninety nine and a balf, is always very suspicious. - Hearth and Home.

Carts vs. Wagons.

Carts are rarely seen on American farms, and the neglect with which these useful vehicles are treated is far from indicating a true economy. Carts have both in city and country, and is one of many advantages over wagons in the ord-the worst, we taink, to which the horse J. N. HARRIS & CO., Cincinnati, O., inary work of a farm. They are cheaper, can be doomed. It is true that respiratwo good carts costing less than one tion may proceed and life exist for a time, wagon; and two horses working in carts in places where the air is impure to a conwill do the work of three in wagons. The siderable degree, yet as pure air is essentiand being so much nearer to the draft, tist to the full enjoyment of health, every the horse draws it more easily; while, being undisturbed by the neighborhood of another horse—the efforts of which are be perceived immediately. sometimes a hindrance instead of a help to his fellow, more especially in a badly mated team—his undivided attention is may be provided to supply all demands of the family, if properly constructed. A few dollars expended at the outset for low. few dollars expended at the ourset for lum ber will make a house that will last for is nearer the ground than that of a wagon; it is economical; we save our property by and in loading all heavy meterial, such as so doing. But we force our horses to the arms; while had he to lift the material of any other luxury than the invigorating one foot higher, the action of the muscles of almost the whole body would be requiring the stalls. No animal loves the pure, ed. They are more easily unloaded. The dumping of a cart-load of any material used on a farm is almost instantaneous, well, and what never does him harm. His dumping of a cart-load of any material used on a farm is almost instantaneous, while the unloading of a wagon is nearly as laborious as the loading, and the time occupied is a serious tax. A load of a ton can be put on a cart, and one horse will draw it with case. The line of draft is from below upward, which enables the horse to use the lifting power of his fore legs. He will back it with equal case, because the weight of his body is thrown into the breeching, adding to the pushing into the breeching, adding to the pushing power of his limbs; while he will turn dust around, and two or three feet on top, and covered with boards and slabs. We have used freely during the scason, sold to have used freely during the scason, sold to field, and saves much traveling in turning round. Another great benefit from the use of

carts is that a continuous loading of hay or grain can go on in the field, one cart being loaded while another is being unbeing unmay be loaded on a cart.

The style of cart is a matter for consid-

eration. By having the sxle of iron, and bent the body of the cart may be brought down as near to the ground as may be desired; the same arrangement will permit the use of larger wheels. The center of gravity of the load is thus brought considerably below the line of draft, making the from. I have it on the best authority, that six or seven weeks before that oration was delivered. Everett wrote a letter to a friend in Boston, seking him whether so bold a gesture would be proper."

—Spirit Lake, heretofore supposed to be the highest body of water in lowa, has been discovered to be on a lower level than Swan Lake, which is six miles east of the former.

New Hampshire, wishing to consult Jeffersons "Notes on Virginia." The Librar draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably below the line of draft, making the draft easier, and the balance of the load is thus brought considerably draft easier, and the balance of the load is thus brought considerably draft easier, and the balance of the load is thus brought considerably draft easier, and the balance of the load is thus brought considerably draft easier, and the balance of the load is thus brought considerably draft easier, and the balance of the load is thus brought considerably draft easier, and the balance of the load is thus brought considerably draft easier, and the balance of the load is thus troblesome nearly draft easier, and the balance of the load is thus brought erably draft easier, and the balance of the load is thus troblesome.

The man who knows everybody differs in order a

Hydrate of Chloral.

Sun Flowers.—A writer in the Prairie it was intended to displace. It has already come into extensive use as a family remedy the mammoth sun flower than the common and hundreds of families are it.

cases keep the ear thoroughly cleansed.
Relief is often given by rubbing the back
ever useful it may be when administered under competent medical direction to allay a temporary nervous excitement, the WE are generally losers in the end, if we stop to refute all the backbitings and gossipping we may hear by the way. They are annoying, it is true, but not dangerous, so long as we do not stop to expostulate and scold. Our characters are more injury to the nervous system than at first, though its use may seem to give tem-

> is indicated in the cure of specific disease on a diagnosis made by a skillful medical practitioner. - Chicago Tribune.

Spolling Horses' Feet.

son.—Hearth and Home.

How to See Under Water.—Says a All veterinary surgeons, all horsemen, all

leaves are to the tree-the lunes. foot to burn it level. If you can find a blacksmith that is mechanic enough to

shoeing horses, but these two are of more importance than all the rest, level to the apprehension of men not skilled in horses, and the two most disregarded.—Mirror and Farmer.

surpassed for grandeur, beauty or magnifi-cence, he should make the Bible a study for the models and examples of which it is full. Nor can he study any book which will so well teach him as this how to sway the judgment and control the wills of other men, by the insight it gives into the

cuita. thirst. In a short time many became de to the cold. But the same vital power alsix were relieved by death from their tor ments. In the morning only twenty-three

> ultimately survived.
> Some of the stables we have seen are the ground-which is frequently the case -there are openings over the feed-racks which permit the air to rise upward, passing the horse's nostrils or over his head on its way. Where the stalls are above ground, there is sometimes a small hole cut through the boarding of the building, if a wooden one, or left in the work, if a

This is a very common arrangement

Ventilation, therefore, as a means of preventing disease, is not only important to ings to preserve the wood work. We house our machines to prevent rust from manure, stone, earth, lime, e.c., the exer-tion of the laborer is confined mainly to where our clothing become saturated with impure odors in a very stort time.

Badly ventilated stalls are usually rather

THE IDRA OF A UNIVERSAL MEDICINE Is at last realized in Dr. WALKER'S CALIFORINA loaded; thus keeping the field force always occupied, with no increase in the number of horses used. With a suitable rack, twelve hundred pounds of loose hay which have not undermined the sources of viwhich have not undermined the sources of vitality, and in Chronic Indigestion, Nervous Headache, Congestion of the Liver, Rheumatism, Gout, General Debility, and innumerable ulcerous and scabious disorders, it is

THERE is no disease flesh is heir to mor

the mammoth sun flower than the common kinds, but they are all good. The seed is valuable for many purposes, especially for feeding hens. The stalks are very useful for kindling fires."

—and hundreds of families now use it with more or less regularity. In England the evil is far more widely spread than in the United States. A competent medical authority in London estimates the total lands of the danging that country at fifty

lage, with new illustrations; Alexander H Ste-phens' Head; Girls' Education. Terms of the the body, and bringing about a genuine nervous tremor, which is the result of weakness artificially induced. It is especially dangerous, too, as unlike opium, its continued use does not allow the system to take largest does not allow the system phia. Terms, \$1 a year; three copies, \$5; four, \$6; own actions and purposes, and not by continued use does not allow the system phia. Terms, \$1 a year; three copies, \$5; four, \$6 others. Always bear this in mind, that to take larger doses with comparative imediate and one extra \$12; afteen, and one extra "calumniators may usually be trusted to time and the slow, but steady, justice of after the end of one month, will work far

porsry relief in each case.

If any of our readers have contracted the habit of using the drug, they have the best of medical authority for discontinuing it without delay, except as it is taken under the advice of an attending physician. Equally insidious with opium in any of its forms, and far worse than alcohol in its effects, chloral should be avoided as an arch enemy, unless where its use

It is almost impossible to get horses

fect the growth of that.

There are many important points in

Stable Ventilation.

A recent look into some city stable has turned our thoughts to the subject of the

of the elements of what he brings daily and work hard while you are young, and three times exhausts that portion of it into play in the business by which he earns you will have a chance to rest when you called oxygen, and then the animal dies. A mouse inclosed in a jar so that no air could get in or out, seemed to feel no in-THE HEAT OF THE BLOOD.—How many convenience for a little time; but as the of us know the real temperature of cur oxygen diminished, he was obliged to inanother property of the air, nitrogen, marked wrongly; they generally mark and he grew more and more oppressed, "blood-heat" at ninety-eight degrees and soon died of suffication. The horse Fahrenheit. Now, the real temperature would die under similar circumstances.

The most dreadful exact ple on record of of the blood, in a healthy person, varies arranged in a healthy person, varies arranged in a healthy person, varies arranged in the destructive consequences of a want of atmospheric air, exists in the horrid fate of 146 Englishmen wao, in 1756, were imwhose heat is most frequently and con-veniently measured, averages ninety-eight fect square, called the Black Hole of Cal-There were only two very small windows in the room, and as both were variation from this temperature occurs, on the same side, ventilation was impossible. Soon after the door was closed the men began to experience heat and intense

brick one.

side of the building. He can be more con-veniently fed, his droppings will not be offensive in the floor, and he can always h's load in a space equal to that which he and the cart occupy on the ground. This roundings are kept in a cleanly condition Then there is a great pleasure added, of always looking an old and faithful servant in the face when you approach him! Massachusetts Ploughman.

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